



Morning Prayer and Holy Eucharist at the Church of St. Paul, Cambria

• Proper 8B • June 30, 2024 •

Opening Hymn 377

Blessed be God, Father, Son, and Holy Spirit.
**And Blessed be God's kingdom, now and forever.
Amen.**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

O God, in the paschal mystery of Christ, who became poor for our sake and obedient even unto death on a cross, you have chosen to enrich us with every good gift and to give us a share in Christ's exalted life. Let us fear neither the cost of discipleship nor the inevitability of sharing in the cross but gladly announce to all the good news of life healed, restored and renewed. Let us now renew and restore our relationship with God and all creation, by confessing our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

Lord, open our lips
And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Jubilate: Psalm 100

1 Be joyful in the LORD, all you lands; serve the LORD with gladness and come before his presence with a song.

2 Know this: The LORD himself is God; he himself has made us, and we are his; we are his people and the sheep of his pasture.

3 Enter his gates with thanksgiving: go into his courts with praise; give thanks to him and call upon his Name.

4 For the LORD is good; his mercy is everlasting; and his faithfulness endures from age to age.

Psalm 130

1 Out of the depths have I called to you, O LORD; LORD, hear my voice; * let your ears consider well the voice of my supplication.

2 If you, LORD, were to note what is done amiss, * O Lord, who could stand?

3 For there is forgiveness with you; * therefore you shall be feared.

4 I wait for the LORD; my soul waits for him; * in his word is my hope.

5 My soul waits for the LORD, more than watchmen for the morning, * more than watchmen for the morning.

6 O Israel, wait for the LORD, * for with the LORD there is mercy;

7 With him there is plenteous redemption, * and he shall redeem Israel from all their sins.

The Lord be with you.

And also with you.

Let us pray.

Collect Almighty God, you have built your Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.
Amen.

The first lesson is from the Second Book of Samuel (1:1,17-27)

After the death of Saul, when David had returned from defeating the Amalekites, David remained two days in Ziklag. David intoned this lamentation over Saul and his son Jonathan. (He ordered that The Song of the Bow be taught to the people of Judah; it is written in the Book of Jashar.) He said: Your glory, O Israel, lies slain upon your high places! How the mighty have fallen! Tell it not in Gath, proclaim it not in the streets of Ashkelon; or the daughters of the Philistines will rejoice, the daughters of the uncircumcised will exult. You mountains of Gilboa, let there be no dew or rain upon you, nor bounteous fields! For there the

shield of the mighty was defiled, the shield of Saul, anointed with oil no more. From the blood of the slain, from the fat of the mighty, the bow of Jonathan did not turn back, nor the sword of Saul return empty. Saul and Jonathan, beloved and lovely! In life and in death they were not divided; they were swifter than eagles, they were stronger than lions. O daughters of Israel, weep over Saul, who clothed you with crimson, in luxury, who put ornaments of gold on your apparel. How the mighty have fallen in the midst of the battle! Jonathan lies slain upon your high places. I am distressed for you, my brother Jonathan; greatly beloved were you to me; your love to me was wonderful, passing the love of women. How the mighty have fallen, and the weapons of war perished!

Hear what the Spirit is saying to the Church
Thanks be to God.

Canticle 10: The Second Song of Isaiah

Seek the Lord while he wills to be found; * call upon him when he draws near.
Let the wicked forsake their ways * and the evil ones their thoughts;
And let them turn to the Lord and he will have compassion, * and to our God, for he will richly pardon.
For my thoughts are not your thoughts, * or your ways my ways, says the Lord.
For as the heavens are higher than the earth, * so are my ways higher than your ways, and my thoughts than your thoughts.
For as rain and snow fall from the heavens * and return not again, but water the earth,
Bringing forth life and giving growth, * seed for sowing and bread for eating,
So is my word that goes forth from my mouth; * it will not return to me empty;
But it will accomplish that which I have purposed, * and prosper in that for which I sent it.
Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now and ever will be. Amen.

The second lesson is from the Second Letter of Paul to the Corinthians (8:7-15)

Now as you excel in everything — in faith, in speech, in knowledge, in utmost eagerness, and in our love for you — so we want you to excel also in this generous undertaking. I do not say this as a command, but I am testing the genuineness of your love against the earnestness of others. For you know the generous act of our Lord Jesus Christ, that though he was rich, yet for your sakes he became poor, so that by his poverty you might become rich. And in this matter I am giving my advice: it is appropriate for you who began last year not only to do something but even to desire to do something — now finish doing it, so that your

eagerness may be matched by completing it according to your means. For if the eagerness is there, the gift is acceptable according to what one has — not according to what one does not have. I do not mean that there should be relief for others and pressure on you, but it is a question of a fair balance between your present abundance and their need, so that their abundance may be for your need, in order that there may be a fair balance. As it is written, “The one who had much did not have too much, and the one who had little did not have too little.”

Hear what the Spirit is saying to the Church
Thanks be to God.

Canticle 12: The Song of Creation

Glorify the Lord, all you works of the Lord, * praise him and highly exalt him for ever.
In the firmament of his power, glorify the Lord, * praise him and highly exalt him for ever.
Let the earth glorify the Lord, * praise him and highly exalt him for ever.
Glorify the Lord, O mountains and hills, and all that grows upon the earth, * praise him and highly exalt him for ever.
Glorify the Lord, O springs of water, seas, and streams, * O whales and all that move in the waters.
All birds of the air, glorify the Lord, * praise him and highly exalt him for ever.
Glorify the Lord, O beasts of the wild, * and all you flocks and herds.
O men and women everywhere, glorify the Lord, * praise him and highly exalt him for ever.
Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. **Amen**

The Holy Gospel of our Lord Jesus Christ according to **St. Mark (5:21-43)**

Glory to you, Lord Christ.

When Jesus had crossed again in the boat to the other side, a great crowd gathered around him; and he was by the sea. Then one of the leaders of the synagogue named Jairus came and, when he saw him, fell at his feet and begged him repeatedly, “My little daughter is at the point of death. Come and lay your hands on her, so that she may be made well, and live.” So he went with him. And a large crowd followed him and pressed in on him. Now there was a woman who had been suffering from hemorrhages for twelve years. She had endured much under many physicians, and had spent all that she had; and she was no better, but rather grew worse. She had heard about Jesus, and came up behind him in the crowd and touched his cloak, for she said, “If I but touch his clothes, I will be made well.” Immediately her hemorrhage stopped; and she felt in her body that she was

healed of her disease. Immediately aware that power had gone forth from him, Jesus turned about in the crowd and said, "Who touched my clothes?" And his disciples said to him, "You see the crowd pressing in on you; how can you say, 'Who touched me?'" He looked all around to see who had done it. But the woman, knowing what had happened to her, came in fear and trembling, fell down before him, and told him the whole truth. He said to her, "Daughter, your faith has made you well; go in peace, and be healed of your disease." While he was still speaking, some people came from the leader's house to say, "Your daughter is dead. Why trouble the teacher any further?" But overhearing what they said, Jesus said to the leader of the synagogue, "Do not fear, only believe." He allowed no one to follow him except Peter, James, and John, the brother of James. When they came to the house of the leader of the synagogue, he saw a commotion, people weeping and wailing loudly. When he had entered, he said to them, "Why do you make a commotion and weep? The child is not dead but sleeping." And they laughed at him. Then he put them all outside, and took the child's father and mother and those who were with him, and went in where the child was. He took her by the hand and said to her, "Talitha cum," which means, "Little girl, get up!" And immediately the girl got up and began to walk about (she was twelve years of age). At this they were overcome with amazement. He strictly ordered them that no one should know this, and told them to give her something to eat.

The Gospel of the Lord.

Praise to you, Lord Christ.

The Sermon

Sermon Music

Let us affirm our faith:

We believe in God the Father, infinite in wisdom, power and love, whose mercy is over all his works, and whose will is ever directed to his children's good.

We believe in Jesus Christ, Son of God and Son of man, the gift of the Father's unfailing grace, the ground of our hope, and the promise of our deliverance from sin and death.

We believe in the Holy Spirit as the divine presence in our lives, whereby we are kept in perpetual remembrance of the truth of Christ, and find strength and help in time of need.

We believe that this faith should manifest itself in the service of love as set forth in the example of

our blessed Lord, to the end that the kingdom of God may come upon the earth.

Amen.

The Prayers of the People

We gather as creatures fashioned by the life-giving hand of God. Let us open our hearts to this creative and compassionate touch as we pray, saying: O God, hear our prayer.

(As you feel called, please take turns reading one or more of the petitions. Please observe a short silence at the indicated times.)

You fashioned a world abundant with life and life-giving creatures. Inspire us to fashion with you a world that promotes fullness of life for all peoples. (Silence) For this we pray: **O God, hear our prayer.**

As Jesus compassionately responded to Jairus' need, help us to heed the hungry, the homeless, the unemployed, and the elderly in our midst. (Silence) For this we pray: **O God, hear our prayer.**

As the earth nourishes and sustains us, may we nourish and sustain one another in justice and peace. (Silence) For this we pray: **O God, hear our prayer.**

Help us to release our tight-fisted grasp on the things of this world, and may we never contribute to the pain and hunger of our brothers and sisters. (Silence) For this we pray: **O God, hear our prayer.**

We are made in your image, O God; help us to hold up each other as mirrors of your life. (Silence) For this we pray: **O God, hear our prayer.**

We hover in anticipation of your healing presence, generous God. We pray for all who are ill. Empower us all to wait and trust. (Silence) For this we pray: **O God, hear our prayer.**

You watch over us wherever we go. Especially care for those who serve our country in the military, guide and guard them from all harm, physical and spiritual. (Silence) For this we pray: **O God, hear our prayer.**

You have created us with great diversity, but with so many similarities. May all your children, of every religion and culture and race grow to respect you and each other. (Silence) For this we pray: **O God, hear our prayer.**

(Here other intercessions may be offered.)

Gracious God, often we resist your gentle and compassionate hand in our lives. Open our hearts to your life-giving touch, and may we trust the growth of your dominion in the world. We ask this through Jesus Christ, who is our life and our hope. **Amen.**

Offertory: Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.
Ephesians 5:2

Offertory Hymn 411 v 1,2,3

Prayer over the gifts God of wisdom, receive all we offer you this day. Enrich our lives with the gifts of your Spirit, that we may follow the way of our Lord Jesus Christ, and serve one another in freedom. We ask this in his name. **Amen.**

The Great Thanksgiving (EP A)

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth through Jesus Christ our Lord;

For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Holy, holy, holy Lord, God of power and might (Heaven and earth are full, full of your glory. Hosanna in the highest. Blest is he who comes in the name of the Lord. Hosanna in the highest.

Holy and gracious Father: In your infinite love you made us for yourself...

Therefore we proclaim the mystery of faith.

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father,...

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now as our Savior taught us, we are bold to pray (sung):

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now

The Breaking of the Bread

Alleluia. Christ our Passover is sacrificed for us; **Therefore let us keep the feast. Alleluia.**

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, is risen,

alleluia! and feed on him in your hearts by faith, with thanksgiving. Blessed are those who are called to the banquet of the Lamb.

Communion of the People

After Communion, the Celebrant says

Eternal God, you have fed us at the table of your grace. Deliver us from all spiritual pride, and give us a quiet confidence in your mercy.

Let us pray. **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

Knowing that all of our community cannot share the Eucharist in person, we affirm that the true mystical communion of Christ and His Church is spiritual and grounded in faith. Therefore, we commit ourselves to this deep bond of the Spirit in union with Christ our Lord. **Amen.**

Blessing:

We give you thanks, O God, for your many blessings: for our days of celebration, for the love that surrounds us, for your healing presence in our lives. Keep us in your care, we pray, and help us to live as truly thankful people. **Amen.**

The Peace

The peace of the Lord be always with you. **And also with you.** *Greet one another in the Lord's name.*

Announcements

Thanksgiving Prayer: We give you thanks, O God, for your many blessings: for our days of celebration, for the love that surrounds us, for your healing presence in our lives. Keep us in your care, we pray, and help us to live as truly thankful people. Amen.

Closing Hymn 441

Dismissal:

As disciples of the kingdom, urged on by the love of Christ, go in peace to love and serve the Lord.

Thanks be to God.