



Morning Prayer and Holy Eucharist at the Church of St. Paul, Cambria

• Proper 7B • 2nd Pentecost • June 23, 2024 •

Opening Hymn 365

Blessed be God, Father, Son, and Holy Spirit.
And Blessed be God's kingdom, now and forever.
Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Make firm, Lord God, the faith of your Christian people, that success may not fill us with worldly pride nor the storms of life lay us low. Rather, whatever may befall, teach us to recognize your quiet but calming presence and to count on you as the unseen companion who faithfully accompanies us throughout life's journey. As we prepare to continue our journey with you, let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

Lord, open our lips
And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Psalm 63:1-8 Deus, Deus meus

O God, you are my God; eagerly I seek you;
my soul thirsts for you, my flesh faints for
you, as in a barren and dry land where
there is no water.

Therefore I have gazed upon you in your
holy place, that I might behold your

power and your glory.
For your loving-kindness is better than life
itself; my lips shall give you praise.
So will I bless you as long as I live and lift up
my hands in your Name.
My soul is content, as with marrow and
fatness, and my mouth praises you with
joyful lips, When I remember you upon
my bed, and meditate on you in the night
watches.
For you have been my helper, and under
the shadow of your wings I will rejoice.
My soul clings to you; your right hand holds
me fast.

Psalm 107:1-3, 23-32

1 Give thanks to the LORD, for he is good, * and
his mercy endures for ever.
2 Let all those whom the LORD has redeemed
proclaim * that he redeemed them from the hand
of the foe.
3 He gathered them out of the lands; * from the
east and from the west, from the north and from
the south.
23 Some went down to the sea in ships * and plied
their trade in deep waters;
24 They beheld the works of the LORD * and his
wonders in the deep.
25 Then he spoke, and a stormy wind arose, *
which tossed high the waves of the sea.
26 They mounted up to the heavens and fell back
to the depths; * their hearts melted because of
their peril.
27 They reeled and staggered like drunkards * and
were at their wits' end.
28 Then they cried to the LORD in their trouble,
*and he delivered them from their distress.
29 He stilled the storm to a whisper * and quieted
the waves of the sea.
30 Then were they glad because of the calm, * and
he brought them to the harbor they were bound
for.
31 Let them give thanks to the LORD for his mercy
* and the wonders he does for his children.
32 Let them exalt him in the congregation of the
people * and praise him in the council of the
elders.

The Lord be with you.
And also with you.
Let us pray.

Collect- O Lord, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your loving-kindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The **first lesson** is from **Job (38:1-11)**

Then the LORD answered Job out of the whirlwind: "Who is this that darkens counsel by words without knowledge? Gird up your loins like a man, I will question you, and you shall declare to me. "Where were you when I laid the foundation of the earth? Tell me, if you have understanding. Who determined its measurements — surely you know! Or who stretched the line upon it? On what were its bases sunk, or who laid its cornerstone when the morning stars sang together and all the heavenly beings shouted for joy? "Or who shut in the sea with doors when it burst out from the womb? — when I made the clouds its garment, and thick darkness its swaddling band, and prescribed bounds for it, and set bars and doors, and said, 'Thus far shall you come, and no farther, and here shall your proud waves be stopped'?"

Hear what the Spirit is saying to the Church
Thanks be to God.

Canticle 12: The Song of Creation

Glorify the Lord, all you works of the Lord, * praise him and highly exalt him for ever.
In the firmament of his power, glorify the Lord, * praise him and highly exalt him for ever.
Let the earth glorify the Lord, * praise him and highly exalt him for ever.
Glorify the Lord, O mountains and hills, and all that grows upon the earth, * praise him and highly exalt him for ever.
Glorify the Lord, O springs of water, seas, and streams, * O whales and all that move in the waters.
All birds of the air, glorify the Lord, * praise him and highly exalt him for ever.
Glorify the Lord, O beasts of the wild, * and all you flocks and herds.
O men and women everywhere, glorify the Lord, * praise him and highly exalt him for ever.
Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. **Amen**

The **second lesson** is from **the Second Letter of Paul to the Corinthians (6:1-13)**

As we work together with him, we urge you also not to accept the grace of God in vain. For he says, "At an acceptable time I have listened to you, and on a day of salvation I have helped you." See, now

is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see — we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything. We have spoken frankly to you Corinthians; our heart is wide open to you. There is no restriction in our affections, but only in yours. In return — I speak as to children — open wide your hearts also.

Hear what the Spirit is saying to the Church
Thanks be to God.

Canticle B: **A Song of Pilgrimage** *Priusquam errarem Ecclesiasticus 51:13-16,20b-22*

Before I ventured forth, even while I was very young, * I sought wisdom openly in my prayer.
In the forecourts of the temple I asked for her, * and I will seek her to the end.
From first blossom to early fruit, * she has been the delight of my heart.
My foot has kept firmly to the true path, * diligently from my youth have I pursued her.
I inclined my ear a little and received her; * I found for myself much wisdom and became adept in her.
To the one who gives me wisdom will I give glory, * for I have resolved to live according to her way.
From the beginning I gained courage from her, * therefore I will not be forsaken.
In my inmost being I have been stirred to seek her, * therefore have I gained a good possession.
As my reward the Almighty has given me the gift of language,* and with it will I offer praise to God.

The Holy Gospel of our Lord Jesus Christ according to **St. Mark (4:35-41)**

Glory to you, Lord Christ.

On that day, when evening had come, he said to them, "Let us go across to the other side." And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great windstorm arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him,

“Teacher, do you not care that we are perishing?” He woke up and rebuked the wind, and said to the sea, “Peace! Be still!” Then the wind ceased, and there was a dead calm. He said to them, “Why are you afraid? Have you still no faith?” And they were filled with great awe and said to one another, “Who then is this, that even the wind and the sea obey him?”

The Gospel of the Lord.

Praise to you, Lord Christ.

The Sermon

Sermon Music

Let us affirm our faith:

We believe in God the Father, infinite in wisdom, power and love, whose mercy is over all his works, and whose will is ever directed to his children’s good.

We believe in Jesus Christ, Son of God and Son of man, the gift of the Father’s unfailing grace, the ground of our hope, and the promise of our deliverance from sin and death.

We believe in the Holy Spirit as the divine presence in our lives, whereby we are kept in perpetual remembrance of the truth of Christ, and find strength and help in time of need.

We believe that this faith should manifest itself in the service of love as set forth in the example of our blessed Lord, to the end that the kingdom of God may come upon the earth.

Amen.

The Prayers of the People

As we find ourselves in a storm-tossed world, let us gather our needs and concerns to call upon our God, saying: O God, hear our prayer

(As you feel called, please take turns reading one or more of the petitions. Please observe a short silence at the indicated times.)

As the raging storm compelled the apostles to wake your Son, help us, O God, to weather the squalls that wake us to your presence. (Silence) We pray: **O God, hear our prayer.**

As your Son bound the fury of the sea with his word, teach us to bind our science and technology with human dignity. (Silence) We pray: **O God, hear our prayer.**

As Christ Jesus calmed the storm for the disciples’ journey, calm whatever storms our travelers encounter and bring them safely home. (Silence) We pray: **O God, hear our prayer.**

As Jesus once stilled the waves which buffeted the boat, quiet the rifts in our lives and in the lives of all for whom we pray. (Silence) We pray: **O God, hear our prayer.**

As young parents marvel at the birth of their child, grant us ever to marvel at our new life in Christ. (Silence) We pray: **O God, hear our prayer.**

As children delight in the world through the encouragement of their parents, help us to encourage one another to give thanks and praise to you for the wonders of creation. (Silence) We pray: **O God, hear our prayer.**

As you, O God, have revealed yourself in many cultures and at many times, help us to honor your presence in and plan for all the people of faith. (Silence) We pray: **O God, hear our prayer.**

Our world is still beset by the storms of war and violence. Protect those in the path of conflict from terror and keep them eternally safe in your loving hand. We pray: **O God, hear our prayer.**

As our youth are called to defend our nation and freedom in foreign places, may they be returned to us physically and spiritually whole. (Silence) We pray: **O God, hear our prayer.**

(Here other intercessions may be offered.)

Caring God, we thank you for being with us through the fury and the calm of our life’s voyage, revealing your care to us and drawing us to new life. May we live, as we pray, in the protection of Christ our Lord. **Amen.**

Offertory: Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God. Ephesians 5:2

Offertory Hymn 397

Prayer over the gifts: : Eternal God, you have made our Savior Jesus Christ the head of all creation. Receive all we offer you this day and renew us in his risen life, in the name of Jesus Christ the Lord. **Amen.**

The Great Thanksgiving (EP A)

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth through Jesus Christ our Lord;

For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Holy, holy, holy Lord, God of power and might (Heaven and earth are full, full of your glory. Hosanna in the highest. Blest is he who comes in the name of the Lord. Hosanna in the highest.

Holy and gracious Father: In your infinite love you made us for yourself...

Therefore we proclaim the mystery of faith.

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father,...

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now as our Savior taught us, we are bold to pray (sung):

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now

The Breaking of the Bread

Alleluia. Christ our Passover is sacrificed for us; **Therefore let us keep the feast. Alleluia.**

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, is risen, alleluia! and feed on him in your hearts by faith, with thanksgiving. Blessed are those who are called to the banquet of the Lamb.

Communion of the People

After Communion, the Celebrant says

Eternal God, you have fed us at the table of your grace. Deliver us from all spiritual pride, and give us a quiet confidence in your mercy.

Let us pray. **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

Knowing that all of our community cannot share the Eucharist in person, we affirm that the true mystical communion of Christ and His Church is spiritual and grounded in faith. Therefore, we commit ourselves to this deep bond of the Spirit in union with Christ our Lord. **Amen.**

Blessing:

May God grant us the wisdom to listen and obey his word, and the blessing of God almighty, Father, Son and Holy Spirit be with you and remain with you for ever. **Amen.**

The Peace

The peace of the Lord be always with you. **And also with you.** *Greet one another in the Lord's name.*

Announcements

Thanksgiving Prayer: We give you thanks, O God, for your many blessings: for our days of celebration, for the love that surrounds us, for your healing presence in our lives. Keep us in your care, we pray, and help us to live as truly thankful people. Amen.

Closing Hymn 371

Dismissal:

Children of God, joint heirs with Christ and led by the Spirit, go in peace to love and serve the Lord.

Thanks be to God.