



## Morning Prayer and Holy Eucharist at the Church of St. Paul, Cambria

• Proper 5 B • 3<sup>rd</sup> week of Pentecost • June 9, 2024 •

### Opening Hymn 388

Blessed be God: Father, Son, and Holy Spirit.  
People. **And blessed be his kingdom, now and for ever. Amen.**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Before you, O Lord, we are naked and can hide nothing. Help us to see this as openness to your grace and mercy, and a gift from you to share with our brothers and sisters. Raise us up to stand strong with them, that we may extend to others the healing forgiveness for which we ourselves request as we prepare to hear your word and receive your healing sacraments, confessing our sins against God and our neighbor.

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

Lord, open our lips  
**And our mouth shall proclaim your praise.**

**Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.**

### Jubilate: Psalm 100

1 Be joyful in the LORD, all you lands; serve the LORD with gladness and come before his presence with a song.

2 Know this: The LORD himself is God; he himself has made us, and we are his; we are his people and the sheep of his pasture.

3 Enter his gates with thanksgiving: go into his courts with praise; give thanks to him and call upon his Name.

4 For the LORD is good; his mercy is everlasting; and his faithfulness endures from age to age.

### Psalm 130

1 Out of the depths have I called to you, O LORD; LORD, hear my voice; \* let your ears consider well the voice of my supplication.

2 If you, LORD, were to note what is done amiss,\* O Lord, who could stand?

3 For there is forgiveness with you; \* therefore you shall be feared.

4 I wait for the LORD; my soul waits for him; \* in his word is my hope.

5 My soul waits for the LORD, more than watchmen for the morning, \* more than watchmen for the morning.

6 O Israel, wait for the LORD, \* for with the LORD there is mercy;

7 With him there is plenteous redemption, \* and he shall redeem Israel from all their sins.

The Lord be with you.

**And also with you.**

Let us pray.

### Collect-

O God, from whom all good proceeds: Grant that by your inspiration we may think those things that are right, and by your merciful guiding may do them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The **first lesson** is from Genesis (3:8-15)

They heard the sound of the Lord God walking in the garden at the time of the evening breeze, and the man and his wife hid themselves from the presence of the Lord God among the trees of the garden. But the Lord God called to the man, and said to him, "Where are you?" He said, "I heard the sound of you in the garden, and I was afraid, because I was naked; and I hid myself." He said, "Who told you that you were naked? Have you eaten from the tree of which I commanded you not to eat?" The man said, "The woman whom you

gave to be with me, she gave me fruit from the tree, and I ate." Then the Lord God said to the woman, "What is this that you have done?" The woman said, "The serpent tricked me, and I ate." The Lord God said to the serpent, "Because you have done this, cursed are you among all animals and among all wild creatures; upon your belly you shall go, and dust you shall eat all the days of your life. I will put enmity between you and the woman, and between your offspring and hers; he will strike your head, and you will strike his heel."

Here ends the reading.

Hear what the Spirit is saying to the Church

**Thanks be to God.**

**Canticle L: A Song of Christ's Humility** *Philippians 2:6-11*

Though in the form of God, \* Christ Jesus did not cling to equality with God,  
But emptied himself, taking the form of a servant, \* and was born in human likeness.  
Being found in human form, he humbled himself \* and became obedient to death, even death on a cross.  
Therefore, God has highly exalted him \* and given him the name above every name,  
That at the name of Jesus, every knee shall bow, \* in heaven and on earth and under the earth,  
And every tongue confess that Jesus Christ is Lord, \* to the glory of God the Father.

The **second lesson** is from the Second Letter of Paul to the Corinthians (4:13-5:1)

Just as we have the same spirit of faith that is in accordance with scripture—"I believed, and so I spoke"—we also believe, and so we speak, because we know that the one who raised the Lord Jesus will raise us also with Jesus, and will bring us with you into his presence. Yes, everything is for your sake, so that grace, as it extends to more and more people, may increase thanksgiving, to the glory of God.

So we do not lose heart. Even though our outer nature is wasting away, our inner nature is being renewed day by day. For this slight momentary affliction is preparing us for an eternal weight of glory beyond all measure, because we look not at what can be seen but at what cannot be seen; for what can be seen is temporary, but what cannot be seen is eternal.

For we know that if the earthly tent we live in is destroyed, we have a building from God, a house not made with hands, eternal in the heavens.

Hear what the Spirit is saying to the Church

**Thanks be to God.**

**Canticle M: A Song of Faith**

Blessed be the God and Father of our Lord Jesus Christ, \*  
by divine mercy we have a new birth into a living hope;  
Through the resurrection of Jesus Christ from the dead, \* we have an inheritance that is imperishable in heaven.  
The ransom that was paid to free us \* was not paid in silver or gold,  
But in the precious blood of Christ, \* the Lamb without spot or stain.  
God raised Jesus from the dead and gave him glory \* so that we might have faith and hope in God.  
Glory to the Father, and to the Son, and to the Holy Spirit: \* as it was in the beginning, is now, and will be for ever. **Amen**

The Holy Gospel of our Lord Jesus Christ according to St. Mark (3:20-35)

**Glorify to you, Lord Christ.**

The crowd came together again, so that Jesus and his disciples could not even eat. When his family heard it, they went out to restrain him, for people were saying, "He has gone out of his mind." And the scribes who came down from Jerusalem said, "He has Beelzebul, and by the ruler of the demons he casts out demons." And he called them to him, and spoke to them in parables, "How can Satan cast out Satan? If a kingdom is divided against itself, that kingdom cannot stand. And if a house is divided against itself, that house will not be able to stand. And if Satan has risen up against himself and is divided, he cannot stand, but his end has come. But no one can enter a strong man's house and plunder his property without first tying up the strong man; then indeed the house can be plundered.

"Truly I tell you, people will be forgiven for their sins and whatever blasphemies they utter; but whoever blasphemes against the Holy Spirit can never have forgiveness, but is guilty of an eternal sin"—for they had said, "He has an unclean spirit." Then his mother and his brothers came; and standing outside, they sent to him and called him. A crowd was sitting around him; and they said to him, "Your mother and your brothers and sisters are outside, asking for you." And he replied, "Who are my mother and my brothers?" And looking at those who sat around him, he said, "Here are my mother and my brothers! Whoever does the will of God is my brother and sister and mother."

The Gospel of the Lord.

**Praise to you, Lord Christ.**

**The Sermon**

Sermon Music

Let us affirm our faith in Jesus Christ the Son of God.

**Though he was divine,  
he did not cling to equality with God,  
but made himself nothing.  
Taking the form of a slave,  
he was born in human likeness.  
He humbled himself  
and was obedient to death,  
even the death of the cross.  
Therefore, God has raised him on high,  
and given him the name above every name:  
that at the name of Jesus  
every knee should bow,  
and every voice proclaim that Jesus Christ is Lord,  
to the glory of God the Father.**

**Amen.**

*cf Philippians 2.6-11*

### **The Prayers of the People**

In confidence we offer our Sunday prayers to the Lord, saying: Lord, have mercy.  
*(As the Spirit moves you, please take turns reading one or more of the petitions.)*

That the church may always fix its gaze on the life that lasts forever, let us pray to the Lord. **Lord, have mercy.**

That all the children of Adam and Eve may be rescued from ignorance, disobedience, and death, let us pray to the Lord. **Lord, have mercy.**

That those who strive to build God's kingdom may enjoy the understanding of their families, let us pray to the Lord. **Lord, have mercy.**

That we may be filled with the power to amend our lives and to seek forgiveness from those we wrong, let us pray to the Lord. **Lord, have mercy.**

That our church may remain bound together in fidelity and compassion, let us pray to the Lord. **Lord, have mercy.**

That all those who gather around this table may find trustworthy brothers and sisters, let us pray to the Lord. **Lord, have mercy.**

That we who are called to be peacemakers positively influence all those who would be drawn to violence and hate, let us pray to the Lord. **Lord, have mercy.**

That all who have requested our prayers find solace, and the sick and suffering be healed. (silence). Let us pray to the Lord. **Lord, have mercy.**

*(Here other intercessions may be offered.)*

God of loving-kindness, you have ordered all things for our benefit. Listen to our prayers and answer them with blessings. This we ask through Christ our Lord. **Amen.**

Almighty God, with tender love we call you our Abba. Answer the prayers of your children gathered here, for we rely on you and have

confidence in you. We ask this through Christ our Lord, in the unity of the Holy Spirit, now and forever. **Amen.**

**Offertory:** Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God. Ephesians 5:2

### **Offertory Hymn 645**

**Prayer over the gifts:** Living God, receive all we offer you this day. Grant that hearing your word and responding to your Spirit, we may share in your divine life. We ask this in the name of Jesus Christ the Lord. **Amen.**

### **The Great Thanksgiving (EP C)**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give him thanks and praise.**

God of all power, Ruler of the Universe, you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent you only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us.**

**By his wounds, we are healed.**

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify

them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

***We celebrate his death and resurrection, as we await the day of his coming.***

Lord God of our Fathers: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

***Risen Lord, be known to us in the breaking of the Bread.***

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen.**

Because in Christ we have received the Spirit of adoption, as sons and daughters of God, we dare to pray:

**Our Father in heaven, hallowed be your Name, your kingdom come, your will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our sins, as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory, are yours, now and forever. Amen.**

### **The Breaking of the Bread**

Alleluia. Christ our Passover is sacrificed for us; **Therefore let us keep the feast. Alleluia.**

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, is risen, alleluia! and feed on him in your hearts by faith, with thanksgiving. Blessed are those who are called to the banquet of the Lamb.

### **Communion of the People**

*After Communion, the Celebrant says*

Holy God, we see your glory in the face of Jesus Christ. May we who are partakers of his table reflect his life in word and deed, that all the world may know his power to change and save.

Let us pray. **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

Knowing that all of our community cannot share the Eucharist in person, we affirm that the true mystical communion of Christ and His Church is a bond of spirit and heart, grounded in faith. Therefore, we commit ourselves to this deep bond of the Spirit in union with Christ our Lord. **Amen.**

**Blessing:** The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

### **The Peace**

The peace of the Lord be always with you. **And also with you.**

*Greet one another in the Lord's name.*

### **Announcements**

*Thanksgiving Prayer:* We give you thanks, O God, for your many blessings: for our days of celebration, for the love that surrounds us, for your healing presence in our lives. Keep us in your care, we pray, and help us to live as truly thankful people. Amen.

### **Closing Hymn 594**

### **Dismissal:**

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. **Amen.**