



Morning Prayer and Holy Eucharist at the Church of St. Paul, Cambria

• Proper 4B • 2nd Pentecost • June 2, 2024 •

Opening Hymn 490

Blessed be God, Father, Son, and Holy Spirit.
**And Blessed be God's kingdom, now and forever.
Amen.**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

As of old, the word of the Lord seems rare today. Let us calm our minds and confusing chatter to focus on your truth. As we prepare to worship, let us confess our sins against you and our neighbor. **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

Lord, open our lips
And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Jubilate: Psalm 100

- 1 Be joyful in the LORD, all you lands; serve the LORD with gladness and come before his presence with a song.
- 2 Know this: The LORD himself is God; he himself has made us, and we are his; we are his people and the sheep of his pasture.
- 3 Enter his gates with thanksgiving: go into his courts with praise; give thanks to him and call upon his Name.
- 4 For the LORD is good; his mercy is everlasting; and his faithfulness endures from age to age.

Psalm 139:1-5, 12-17

- 1 LORD, you have searched me out and known me; *
you know my sitting down and my rising up; you discern my thoughts from afar.
- 2 You trace my journeys and my resting-places * and are acquainted with all my ways.
- 3 Indeed, there is not a word on my lips, * but you, O LORD, know it altogether.
- 4 You press upon me behind and before * and lay your hand upon me.
- 5 Such knowledge is too wonderful for me; * it is so high that I cannot attain to it.
- 12 For you yourself created my inmost parts; * you knit me together in my mother's womb.
- 13 I will thank you because I am marvelously made; * your works are wonderful, and I know it well.
- 14 My body was not hidden from you, * while I was being made in secret and woven in the depths of the earth.
- 15 Your eyes beheld my limbs, yet unfinished in the womb; all of them were written in your book; * they were fashioned day by day, when as yet there was none of them.
- 16 How deep I find your thoughts, O God! * how great is the sum of them!
- 17 If I were to count them, they would be more in number than the sand; * to count them all, my life span would need to be like yours.

The Lord be with you.
And also with you.
Let us pray.

Collect- O God, your never-failing providence sets in order all things both in heaven and earth: Put away from us, we entreat you, all hurtful things, and give us those things which are profitable for us; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The first lesson is from 1 Samuel 3:1-10(11-20)

Now the boy Samuel was ministering to the Lord under Eli. The word of the Lord was rare in those days; visions were not widespread. At that time Eli, whose eyesight had begun to grow dim so that he could not see, was lying down in his

room; the lamp of God had not yet gone out, and Samuel was lying down in the temple of the Lord, where the ark of God was. Then the Lord called, "Samuel! Samuel!" and he said, "Here I am!" and ran to Eli, and said, "Here I am, for you called me." But he said, "I did not call; lie down again." So he went and lay down. The Lord called again, "Samuel!" Samuel got up and went to Eli, and said, "Here I am, for you called me." But he said, "I did not call, my son; lie down again." Now Samuel did not yet know the Lord, and the word of the Lord had not yet been revealed to him. The Lord called Samuel again, a third time. And he got up and went to Eli, and said, "Here I am, for you called me." Then Eli perceived that the Lord was calling the boy. Therefore Eli said to Samuel, "Go, lie down; and if he calls you, you shall say, 'Speak, Lord, for your servant is listening.'" So Samuel went and lay down in his place. Now the Lord came and stood there, calling as before, "Samuel! Samuel!" And Samuel said, "Speak, for your servant is listening." [Then the Lord said to Samuel, "See, I am about to do something in Israel that will make both ears of anyone who hears of it tingle. On that day I will fulfill against Eli all that I have spoken concerning his house, from beginning to end. For I have told him that I am about to punish his house forever, for the iniquity that he knew, because his sons were blaspheming God, and he did not restrain them. Therefore I swear to the house of Eli that the iniquity of Eli's house shall not be expiated by sacrifice or offering forever."

Samuel lay there until morning; then he opened the doors of the house of the Lord. Samuel was afraid to tell the vision to Eli. But Eli called Samuel and said, "Samuel, my son." He said, "Here I am." Eli said, "What was it that he told you? Do not hide it from me. May God do so to you and more also, if you hide anything from me of all that he told you." So Samuel told him everything and hid nothing from him. Then he said, "It is the Lord; let him do what seems good to him."

As Samuel grew up, the Lord was with him and let none of his words fall to the ground. And all Israel from Dan to Beer-sheba knew that Samuel was a trustworthy prophet of the Lord.]

Hear what the Spirit is saying to the Church
Thanks be to God.

Canticle L: A Song of Christ's Humility *Philippians 2:6-11*

Though in the form of God, * Christ Jesus did not cling to equality with God,
 But emptied himself, taking the form of a servant, *
 and was born in human likeness.
 Being found in human form, he humbled himself *
 and became obedient to death, even death on a cross.

Therefore, God has highly exalted him * and given him the name above every name,
 That at the name of Jesus, every knee shall bow, *
 in heaven and on earth and under the earth,
 And every tongue confess that Jesus Christ is Lord,
 * to the glory of God the Father.

The **second lesson** is from **2 Corinthians 4:5-12**

We do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your slaves for Jesus' sake. For it is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ. But we have this treasure in clay jars, so that it may be made clear that this extraordinary power belongs to God and does not come from us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be made visible in our bodies. For while we live, we are always being given up to death for Jesus' sake, so that the life of Jesus may be made visible in our mortal flesh. So death is at work in us, but life in you.

Hear what the Spirit is saying to the Church
Thanks be to God.

Canticle S: A Song of Our True Nature *Julian of Norwich*

Christ revealed our frailty and our falling, * our trespasses and our humiliations.

Christ also revealed his blessed power, * his blessed wisdom and love.

He protects us as tenderly and as sweetly when we are in greatest need; * he raises us in spirit and turns everything to glory and joy without ending.

God is the ground and the substance, the very essence of nature; * God is the true father and mother of natures.

We are all bound to God by nature, * and we are all bound to God by grace. And this grace is for all the world, * because it is our precious mother, Christ.

For this fair nature was prepared by Christ for the honor and nobility of all, * and for the joy and bliss of salvation.

The Holy Gospel of our Lord Jesus Christ according to St. **Mark 2:23-3:6**

Glory to you, Lord Christ.

One sabbath Jesus and his disciples were going through the grainfields; and as they made their

way his disciples began to pluck heads of grain. The Pharisees said to him, "Look, why are they doing what is not lawful on the sabbath?" And he said to them, "Have you never read what David did when he and his companions were hungry and in need of food? He entered the house of God, when Abiathar was high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and he gave some to his companions." Then he said to them, "The sabbath was made for humankind, and not humankind for the sabbath; so the Son of Man is lord even of the sabbath."

Again he entered the synagogue, and a man was there who had a withered hand. They watched him to see whether he would cure him on the sabbath, so that they might accuse him. And he said to the man who had the withered hand, "Come forward." Then he said to them, "Is it lawful to do good or to do harm on the sabbath, to save life or to kill?" But they were silent. He looked around at them with anger; he was grieved at their hardness of heart and said to the man, "Stretch out your hand." He stretched it out, and his hand was restored. The Pharisees went out and immediately conspired with the Herodians against him, how to destroy him.

The Gospel of the Lord.

Praise to you, Lord Christ.

The Sermon

Sermon Music

Let us affirm our faith:

We believe in God the Father, infinite in wisdom, power and love, whose mercy is over all his works, and whose will is ever directed to his children's good.

We believe in Jesus Christ, Son of God and Son of man, the gift of the Father's unfailing grace, the ground of our hope, and the promise of our deliverance from sin and death.

We believe in the Holy Spirit as the divine presence in our lives, whereby we are kept in perpetual remembrance of the truth of Christ, and find strength and help in time of need.

We believe that this faith should manifest itself in the service of love as set forth in the example of our blessed Lord, to the end that the kingdom of God may come upon the earth.

Amen.

The Prayers of the People

In peace let us pray to the Lord.

That the church may shine with the glory of the face of Christ, **let us pray to the Lord.**

That the harvest of summer be justly distributed among the hungry, **let us pray to the Lord.**

That the laws and customs of our society be observed with charity and goodwill, **let us pray to the Lord.**

That those graduating from school may continue to grow in knowledge and wisdom, **let us pray to the Lord.**

That all of us gathered here and me have recreation and refreshment this Sunday and every Sunday, **let us pray to the Lord.**

That each Sabbath bring us closer to the health and wholesomeness of God's reign, **let us pray to the Lord.**

That all the sick may be healed, **let us pray to the Lord.**

That the tragedy of war be no more, and we offer up the suffering of the people of Ukraine, Gaza, and all places of violence to your healing, **let us pray to the Lord.**

(Here other intercessions may be offered.)

In the communion of the holy Spirit, with the blessed Virgin Mary, and with all the saints in light let us commend our lives and the lives of one another to the Lord. Living God we carry in our own bodies the dying of your son. Have pity on us, and answer our prayers. This we ask through Christ our Lord.

Offertory: Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God. Ephesians 5:2

Offertory Hymn 711

Prayer over the gifts: Eternal God, receive all we offer you this day. Give us the wisdom of obedience and help us to do your holy and life-giving will; through Jesus Christ our Lord. **Amen.**

The Great Thanksgiving (EP A)

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth through Jesus Christ our Lord;

For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Holy, holy, holy Lord, God of power and might (Heaven and earth are full, full of your glory. Hosanna in the highest. Blest is he who comes in the name of the Lord. Hosanna in the highest.

Holy and gracious Father: In your infinite love you made us for yourself...

Therefore we proclaim the mystery of faith.

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father,...

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now as our Savior taught us, we are bold to pray (sung):

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now

The Breaking of the Bread

Alleluia. Christ our Passover is sacrificed for us; **Therefore let us keep the feast. Alleluia.**

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, is risen, alleluia! and feed on him in your hearts by faith, with thanksgiving. Blessed are those who are called to the banquet of the Lamb.

Communion of the People

After Communion, the Celebrant says

Eternal God, you have fed us at the table of your grace. Deliver us from all spiritual pride, and give us a quiet confidence in your mercy.

Let us pray. **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

Knowing that all of our community cannot share the Eucharist in person, we affirm that the true mystical communion of Christ and His Church is spiritual and grounded in faith. Therefore, we commit ourselves to this deep bond of the Spirit in union with Christ our Lord. **Amen.**

Blessing:

May God grant us the wisdom to listen and obey his word, and the blessing of God almighty, Father, Son and Holy Spirit be with you and remain with you for ever. **Amen.**

The Peace

The peace of the Lord be always with you. **And also with you.** *Greet one another in the Lord's name.*

Announcements

Thanksgiving Prayer: We give you thanks, O God, for your many blessings: for our days of celebration, for the love that surrounds us, for your healing presence in our lives. Keep us in your care, we pray, and help us to live as truly thankful people. Amen.

Closing Hymn 800WLP

Dismissal:

Children of God, joint heirs with Christ and led by the Spirit, go in peace to love and serve the Lord.

Thanks be to God.