



Morning Prayer and Holy Eucharist at the Church of St. Paul, Cambria

• Proper 19B • September 15, 2024 •

Opening Hymn 371

Blessed be God, Father, Son, and Holy Spirit.
And Blessed be God's kingdom, now and forever.
Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Lord God, the strength of your servants, do not abandon us in our weakness and suffering, but let your Holy Spirit come to our aid. By our good works may we show forth our faith that Jesus is indeed the Christ, so that we may take up the cross and follow the Lord, certain that we will save our lives only when we have the courage to lose them for the sake of Christ and for the sake of the gospel. Liberate us from our sins and free us through your forgiveness, as we confess our sins against God and our neighbor:

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

Lord, open our lips
And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Psalm 67:1-5 Deus misereatur

O God, be merciful to us and bless us,
show us the light of your countenance and come to us.
Let your ways be known upon earth,

your saving health among all nations.
Let the peoples praise you, O God; let all
the peoples praise you.
Let the nations be glad and sing for joy, for
you judge the peoples with equity and
guide all the nations upon earth.
Let the peoples praise you, O God; let all
the peoples praise you.

Psalm 19

1 The heavens declare the glory of God, * and the firmament shows his handiwork.
2 One day tells its tale to another, * and one night imparts knowledge to another.
3 Although they have no words or language, * and their voices are not heard,
4 Their sound has gone out into all lands, * and their message to the ends of the world.
5 In the deep has he set a pavilion for the sun; * it comes forth like a bridegroom out of his chamber; it rejoices like a champion to run its course.
6 It goes forth from the uttermost edge of the heavens and runs about to the end of it again; * nothing is hidden from its burning heat.
7 The law of the LORD is perfect and revives the soul; * the testimony of the LORD is sure and gives wisdom to the innocent.
8 The statutes of the LORD are just and rejoice the heart; * the commandment of the LORD is clear and gives light to the eyes.
9 The fear of the LORD is clean and endures for ever; * the judgments of the LORD are true and righteous altogether.
10 More to be desired are they than gold, more than much fine gold, * sweeter far than honey, than honey in the comb.
11 By them also is your servant enlightened, * and in keeping them there is great reward.
12 Who can tell how often he offends? * cleanse me from my secret faults.
13 Above all, keep your servant from presumptuous sins; let them not get dominion over me; * then shall I be whole and sound, and innocent of a great offense.
14 Let the words of my mouth and the meditation of my heart be acceptable in your sight, * O LORD, my strength and my redeemer.

The Lord be with you.

And also with you.

Let us pray.

Collect O God, because without you we are not able to please you: mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The **first lesson** is from **Proverbs (1:20-33)**

Wisdom cries out in the street; in the squares she raises her voice. At the busiest corner she cries out; at the entrance of the city gates she speaks: "How long, O simple ones, will you love being simple? How long will scoffers delight in their scoffing and fools hate knowledge? Give heed to my reproof; I will pour out my thoughts to you; I will make my words known to you. Because I have called and you refused, have stretched out my hand and no one heeded, and because you have ignored all my counsel and would have none of my reproof, I also will laugh at your calamity; I will mock when panic strikes you, when panic strikes you like a storm, and your calamity comes like a whirlwind, when distress and anguish come upon you. Then they will call upon me, but I will not answer; they will seek me diligently, but will not find me. Because they hated knowledge and did not choose the fear of the LORD, would have none of my counsel, and despised all my reproof, therefore they shall eat the fruit of their way and be sated with their own devices. For waywardness kills the simple, and the complacency of fools destroys them; but those who listen to me will be secure and will live at ease, without dread of disaster."

Hear what the Spirit is saying to the Church

Thanks be to God.

Canticle H: A Song of Hosea *Hosea 6:1-3*

Come, let us return to our God, * who has torn us and will heal us.

God has struck us and will bind up our wounds, * after two days revive us,

On the third day restore us, * that in God's presence we may live.

Let us humble ourselves, let us strive to know the Lord, * whose justice dawns like morning light, its dawning as sure as the sunrise.

God's justice will come to us like a shower, * like spring rains that water the earth.

The **second lesson** is from **Letter of James (3:1-12)**

Not many of you should become teachers, my brothers and sisters, for you know that we who teach will be judged with greater strictness. For all of us make many mistakes. Anyone who makes no

mistakes in speaking is perfect, able to keep the whole body in check with a bridle. If we put bits into the mouths of horses to make them obey us, we guide their whole bodies. Or look at ships: though they are so large that it takes strong winds to drive them, yet they are guided by a very small rudder wherever the will of the pilot directs. So also the tongue is a small member, yet it boasts of great exploits. How great a forest is set ablaze by a small fire! And the tongue is a fire. The tongue is placed among our members as a world of iniquity; it stains the whole body, sets on fire the cycle of nature, and is itself set on fire by hell. For every species of beast and bird, of reptile and sea creature, can be tamed and has been tamed by the human species, but no one can tame the tongue — a restless evil, full of deadly poison. With it we bless the Lord and Father, and with it we curse those who are made in the likeness of God. From the same mouth come blessing and cursing. My brothers and sisters, this ought not to be so. Does a spring pour forth from the same opening both fresh and brackish water? Can a fig tree, my brothers and sisters, yield olives, or a grapevine figs? No more can salt water yield fresh.

Hear what the Spirit is saying to the Church

Thanks be to God.

Canticle D: A Song of the Wilderness *Isaiah 35:1-7,10*

The wilderness and the dry land shall be glad, * the desert shall rejoice and blossom;

It shall blossom abundantly, * and rejoice with joy and singing.

They shall see the glory of the Lord, * the majesty of our God.

Strengthen the weary hands, * and make firm the feeble knees.

Say to the anxious, "Be strong, do not fear! * Here is your God, coming with judgment to save you."

Then shall the eyes of the blind be opened, * and the ears of the deaf be unstopped.

Then shall the lame leap like a deer, * and the tongue of the speechless sing for joy.

For waters shall break forth in the wilderness * and streams in the desert;

The burning sand shall become a pool * and the thirsty ground, springs of water.

The ransomed of God shall return with singing, * with everlasting joy upon their heads.

Joy and gladness shall be theirs, * and sorrow and sighing shall flee away.

The Holy Gospel of our Lord Jesus Christ according to **St. Mark (8:27-38)**

Glory to you, Lord Christ.

Jesus went on with his disciples to the villages of Caesarea Philippi; and on the way he asked his

disciples, "Who do people say that I am?" And they answered him, "John the Baptist; and others, Elijah; and still others, one of the prophets." He asked them, "But who do you say that I am?" Peter answered him, "You are the Messiah." And he sternly ordered them not to tell anyone about him. Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, "Get behind me, Satan! For you are setting your mind not on divine things but on human things." He called the crowd with his disciples, and said to them, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels."

The Gospel of the Lord.

Praise to you, Lord Christ.

The Sermon

Sermon Music

Let us affirm our faith:

We believe in God the Father, infinite in wisdom, power and love, whose mercy is over all his works, and whose will is ever directed to his children's good.

We believe in Jesus Christ, Son of God and Son of man, the gift of the Father's unfailing grace, the ground of our hope, and the promise of our deliverance from sin and death.

We believe in the Holy Spirit as the divine presence in our lives, whereby we are kept in perpetual remembrance of the truth of Christ, and find strength and help in time of need.

We believe that this faith should manifest itself in the service of love as set forth in the example of our blessed Lord, to the end that the kingdom of God may come upon the earth.

Amen.

The Prayers of the People

Jesus calls us to give up our lives for others. That we may have the faith to live as Jesus did, let us pray for all in need, saying: Send us your Spirit, O Lord.

(As the Spirit moves you, please take turns reading one or more of the petitions. Please observe a short silence at the indicated times.)

O gracious God, you have given up your very self to save the world. That we may be empowered to give up ourselves for one another, (Silence) we pray. **Send us your Spirit, O Lord.**

You have made your people equal and free in the baptism of your Son. That we may live joyfully in this new way, (Silence) we pray. **Send us your Spirit, O Lord.**

You call us to take up our cross and follow the way of Christ. That we may serve one another and live in obedience to your word, (Silence) we pray. **Send us your Spirit, O Lord.**

You show to us all the poor and the needy, all the homeless and the hungry. That we may lighten their load by taking it upon ourselves, (Silence) we pray. **Send us your Spirit, O Lord.**

You give us enough that we may share with the needy. That we and all institutions of relief may be insistent in our care for others, (Silence) we pray. **Send us your Spirit, O Lord.**

You have asked young people to go to far places and risk their lives for the hope of freedom and the cause of freedom. That they will be kept safe and come home soon, (Silence) we pray. **Send us your Spirit, O Lord.**

You have revealed yourself to many peoples in many places and in many ways. That all people of faith may honor and follow your ways, especially our Jewish and Muslim brothers and sisters, (Silence) we pray. **Send us your Spirit, O Lord.**

(Here other intercessions may be offered.)

You have surrounded us with saints of every time and place. That we may follow them as they followed Christ on the way to the cross, (Silence) we pray. **Send us your Spirit, O Lord.**

Hear our prayers, O merciful God, and accept our praises. May the gospel of your cross give its miraculous life to all the world, through Christ our Lord. **Amen.**

Offertory: Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God. Ephesians 5:2

Offertory Hymn 490

Prayer over the gifts: Holy God, accept all we offer you this day. May we who are reconciled at this table bring wholeness to our broken world.

We ask this in the name of Jesus Christ our Lord.
Amen.

The Great Thanksgiving (EP A)

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth through Jesus Christ our Lord;

For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**Holy, holy, holy Lord, God of power and might
(Heaven and earth are full, full of your glory.
Hosanna in the highest. Blest is he who comes in the
name of the Lord. Hosanna in the highest.**

Holy and gracious Father: In your infinite love you made us for yourself...

Therefore we proclaim the mystery of faith.

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father,...

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

As teacher and healer, Jesus came to us from God. Now for the world's salvation and God's glory, we pray as Jesus taught us:

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

The Breaking of the Bread

Alleluia. Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia.

Behold the Lamb of God, who takes away the sin of the world. Blessed are those who are called to the banquet of the Lamb.

Communion of the People

After Communion, the Celebrant says

God of peace, in this eucharist we have been reconciled to you and to our neighbors. May we who have been nourished by holy things always have the courage to forgive.

Let us pray. **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

Knowing that all of our community cannot share the Eucharist in person, we affirm that the true mystical communion of Christ and His Church is spiritual and grounded in faith. Therefore, we commit ourselves to the reality that Christ is present with us wherever we are. **Amen.**

Blessing:

May your faith be strengthened with proofs of Christ's love so that you will persevere in good works, and the blessing of God almighty, Father, Son and Holy Spirit, be with you and remain with you for ever. **Amen.**

The Peace

The peace of the Lord be always with you. **And also with you.** *Greet one another in the Lord's name.*

Announcements

Thanksgiving Prayer: We give you thanks, O God, for your many blessings: for our days of celebration, for the love that surrounds us, for your healing presence in our lives. Keep us in your care, we pray, and help us to live as truly thankful people. Amen.

Closing Hymn 409

Dismissal:

Sent in the name of Christ, whose compassion embraces all, go in peace to love and serve the Lord.

Thanks be to God.