



Morning Prayer and Holy Eucharist at the Church of St. Paul, Cambria

• Proper 18B • September 8, 2024 •

Opening Hymn 448

Blessed be God, Father, Son, and Holy Spirit.
And Blessed be God's kingdom, now and forever.
Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

O good and gracious God, you have chosen little ones, the world's poor and lowly, to become rich in faith and to be heirs of your kingdom. Help us to speak words of encouragement and strength to all whose hearts are fearful, that the tongue of the speechless may be loosened and all of our wounded humanity, unable so much as to pray may join us in singing the mighty wonders of your love. That we may speak our sins and be free through forgiveness, let us now confess our sins against God and our neighbor:

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

Lord, open our lips
And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Venite: Psalm 95:1-7

Come, let us sing to the Lord; let us shout
for joy to the Rock of our salvation.
Let us come before his presence with thanksgiving
and raise a loud shout to him with psalms. For

the Lord is a great God, and a great King above
all gods.

In his hand are the caverns of the earth, and the
heights of the hills are his also.

The sea is his, for he made it, and his hands have
molded the dry land.

Come, let us bow down, and bend the knee, and
kneel before the Lord our Maker.

For he is our God, and we are the people of his
pasture and the sheep of his hand.

Oh, that today you would hearken to his voice!

Psalm 125

1 Those who trust in the LORD are like Mount
Zion, * which cannot be moved, but stands fast for
ever.

2 The hills stand about Jerusalem; * so does the
LORD stand round about his people, from this time
forth for evermore.

3 The scepter of the wicked shall not hold sway
over the land allotted to the just, * so that the just
shall not put their hands to evil.

4 Show your goodness, O LORD, to those who are
good * and to those who are true of heart.

5 As for those who turn aside to crooked ways,
the LORD will lead them away with the evildoers; *
but peace be upon Israel.

The Lord be with you.

And also with you.

Let us pray.

Collect Grant us, O Lord, to trust in you with all our
hearts; for, as you always resist the proud who confide
in their own strength, so you never forsake those who
make their boast of your mercy; through Jesus Christ
your Son our Lord, who lives and reigns with you and
the Holy Spirit, one God, now and for ever. **Amen.**

The **first lesson** is from **Proverbs (22:1-2, 8-9, 22-23)**

A good name is to be chosen rather than great
riches, and favor is better than silver or gold. The
rich and the poor have this in common: the LORD is
the maker of them all. Whoever sows injustice will
reap calamity, and the rod of anger will fail. Those
who are generous are blessed, for they share their
bread with the poor. Do not rob the poor because
they are poor, or crush the afflicted at the gate; for
the LORD pleads their cause and despoils of life
those who despoil them.

Hear what the Spirit is saying to the Church
Thanks be to God.

Canticle 12: The Song of Creation

Canticle 13: A Song of Praise

Glory to you, Lord God of our fathers: * you are worthy of praise; glory to you.
Glory to you for the radiance of your holy Name; * we will praise you and highly exalt you for ever.
Glory to you in the splendor of your temple; * on the throne of your majesty, glory to you.
Glory to you, seated between the Cherubim; * we will praise you and highly exalt you for ever.
Glory to you, beholding the depths; * in the high vault of heaven, glory to you.
Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. Amen

The **second lesson** is from **Letter of James (2:1-17)**

My brothers and sisters, do you with your acts of favoritism really believe in our glorious Lord Jesus Christ? For if a person with gold rings and in fine clothes comes into your assembly, and if a poor person in dirty clothes also comes in, and if you take notice of the one wearing the fine clothes and say, "Have a seat here, please," while to the one who is poor you say, "Stand there," or, "Sit at my feet," have you not made distinctions among yourselves, and become judges with evil thoughts? Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him? But you have dishonored the poor. Is it not the rich who oppress you? Is it not they who drag you into court? Is it not they who blaspheme the excellent name that was invoked over you? You do well if you really fulfill the royal law according to the scripture, "You shall love your neighbor as yourself." But if you show partiality, you commit sin and are convicted by the law as transgressors. For whoever keeps the whole law but fails in one point has become accountable for all of it. For the one who said, "You shall not commit adultery," also said, "You shall not murder." Now if you do not commit adultery but if you murder, you have become a transgressor of the law. So speak and so act as those who are to be judged by the law of liberty. For judgment will be without mercy to anyone who has shown no mercy; mercy triumphs over judgment. What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them, "Go in peace; keep warm and eat your fill," and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead.

Hear what the Spirit is saying to the Church
Thanks be to God.

Glorify the Lord, all you works of the Lord, * praise him and highly exalt him for ever.
In the firmament of his power, glorify the Lord, * praise him and highly exalt him for ever.
Let the earth glorify the Lord, * praise him and highly exalt him for ever.
Glorify the Lord, O mountains and hills, and all that grows upon the earth, * praise him and highly exalt him for ever.
Glorify the Lord, O springs of water, seas, and streams, * O whales and all that move in the waters.
All birds of the air, glorify the Lord, * praise him and highly exalt him for ever.
Glorify the Lord, O beasts of the wild, * and all you flocks and herds.
O men and women everywhere, glorify the Lord, * praise him and highly exalt him for ever.
Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. **Amen**

The Holy Gospel of our Lord Jesus Christ according to **St. Mark (7:24-37)**

Glory to you, Lord Christ.

From there he set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophenician origin. She begged him to cast the demon out of her daughter. He said to her, "Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs." But she answered him, "Sir, even the dogs under the table eat the children's crumbs." Then he said to her, "For saying that, you may go — the demon has left your daughter." So she went home, found the child lying on the bed, and the demon gone. Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, "Ephphatha," that is, "Be opened." And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, "He has done everything well; he

even makes the deaf to hear and the mute to speak.”

The Gospel of the Lord.

Praise to you, Lord Christ.

The Sermon

Sermon Music

Let us affirm our faith:

We believe in God the Father, infinite in wisdom, power and love, whose mercy is over all his works, and whose will is ever directed to his children’s good.

We believe in Jesus Christ, Son of God and Son of man, the gift of the Father’s unfailing grace, the ground of our hope, and the promise of our deliverance from sin and death.

We believe in the Holy Spirit as the divine presence in our lives, whereby we are kept in perpetual remembrance of the truth of Christ, and find strength and help in time of need.

We believe that this faith should manifest itself in the service of love as set forth in the example of our blessed Lord, to the end that the kingdom of God may come upon the earth.

Amen.

The Prayers of the People

God calls us today to be open to the word and to one another. Let us open ourselves to all the world in prayer, saying: Lord, have mercy.

(As the Spirit moves you, please take turns reading one or more of the petitions. Please observe a short silence at the indicated times.)

For the church we pray. That we may bring God’s word of life to all in silence, darkness, and despair, (Silence) let us pray to the Lord. **Lord, have mercy.**

For our congregation we pray. That we may grow into the mystery of God’s life among and in us, (Silence) let us pray to the Lord. **Lord, have mercy.**

For the world we pray. That nations will come to cooperate for the health and well-being of all, (Silence) let us pray to the Lord. **Lord, have mercy.**

For our community we pray. That hospitals and nursing homes may be equipped to deal with our sick and dying. (Silence) let us pray to the Lord. **Lord, have mercy.**

For all in the healing professions we pray. That those who search for cures and those who attend the sick may be strengthened for their tasks, (Silence) let us pray to the Lord. **Lord, have mercy.**

For the sick and dying we pray. That all who have asked for our prayers may know the healing power of God, and that those who die today may not die alone, (Silence) let us pray to the Lord. **Lord, have mercy.**

For those in service to our nation we pray. That those at home, and those in foreign places may know God’s presence and be kept whole, (Silence) let us pray to the Lord. **Lord, have mercy.**

For those of other religions we pray. That we and our Jewish and Muslim brothers and sisters know the compassion of God, and show it forth in our lives (Silence) let us pray to the Lord. **Lord, have mercy.**

(Here other intercessions may be offered.)

For all mourners we pray. That all who grieve the coming of death may come to know life in the mercy of God, (Silence) let us pray to the Lord. **Lord, have mercy.**

Into your mercy, O God, we commend all the needy world, trusting in your almighty power, through your Son, Jesus Christ our Lord. **Amen.**

Offertory: Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God. Ephesians 5:2

Offertory Hymn 531

Prayer over the gifts: Great and holy God, accept our offering of labor and love. May we bring you true and spiritual worship and be one with you. We ask this in the name of Jesus Christ our Lord. **Amen.**

The Great Thanksgiving (EP A)

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth through Jesus Christ our Lord;

For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Holy, holy, holy Lord, God of power and might (Heaven and earth are full, full of your glory.

Hosanna in the highest. Blest is he who comes in the name of the Lord. Hosanna in the highest.

Holy and gracious Father: In your infinite love you made us for yourself...

Therefore we proclaim the mystery of faith.

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father,...

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

As teacher and healer, Jesus came to us from God. Now for the world's salvation and God's glory, we pray as Jesus taught us:

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

The Breaking of the Bread

Alleluia. Christ our Passover is sacrificed for us; **Therefore let us keep the feast. Alleluia.**

Behold the Lamb of God, who takes away the sin of the world. Blessed are those who are called to the banquet of the Lamb.

Communion of the People

After Communion, the Celebrant says

Father, your word and sacrament give us food and life. May we who have shared in holy things bear fruit to your honor and glory

Let us pray. **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

Knowing that all of our community cannot share the Eucharist in person, we affirm that the true mystical communion of Christ and His Church is spiritual and grounded in faith. Therefore, we commit ourselves to the reality that Christ is present with us wherever we are. **Amen.**

Blessing:

May your faith be strengthened with proofs of Christ's love so that you will persevere in good works, and the blessing of God almighty, Father, Son and Holy Spirit, be with you and remain with you for ever. **Amen.**

The Peace

The peace of the Lord be always with you. **And also with you.** *Greet one another in the Lord's name.*

Announcements

Thanksgiving Prayer: We give you thanks, O God, for your many blessings: for our days of celebration, for the love that surrounds us, for your healing presence in our lives. Keep us in your care, we pray, and help us to live as truly thankful people. Amen.

Closing Hymn 594

Dismissal:

Sent in the name of Christ, whose compassion embraces all, go in peace to love and serve the Lord.

Thanks be to God.

**WE WISH
STEVELY
A VERY
HAPPY 90TH
BIRTHDAY!!!!**