

The Church of St. Paul, Cambria

Morning Prayer and Holy Eucharist

• Proper 14 A • August 13, 2023 •

Opening Hymn

Blessed be God, Father, Son, and Holy Spirit.
**And blessed be his kingdom, now and forever.
Amen.**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Penitential Rite

Strong and faithful God, your outstretched arm governs the mighty forces of creation, and your gentle hand cradles even the smallest of creatures. Strengthen our "little faith," and open our eyes to your presence at every moment of history and in every circumstance of life. That we may face with serenity times of testing, storm and turmoil, relieve us of the burden of sin as we lay them before you.

Silence may be kept. Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

Lord, open our lips
And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be for ever. Amen.

Worship the Lord in the beauty of holiness:
O come, let us adore him.

Psalm 67:1-5 Deus misereatur

O God, be merciful to us and bless us,
show us the light of your countenance and come to us.
Let your ways be known upon earth,

your saving health among all nations.
Let the peoples praise you, O God; let all the peoples praise you.
Let the nations be glad and sing for joy, for you judge the peoples with equity and guide all the nations upon earth.
Let the peoples praise you, O God; let all the peoples praise you.

Psalm 29

- 1 Ascribe to the LORD, you gods, * ascribe to the LORD glory and strength.
- 2 Ascribe to the LORD the glory due his Name; * worship the LORD in the beauty of holiness.
- 3 The voice of the LORD is upon the waters; * the God of glory thunders; * the LORD is upon the mighty waters.
- 4 The voice of the LORD is a powerful voice; * the voice of the LORD is a voice of splendor.
- 5 The voice of the LORD breaks the cedar trees; * the LORD breaks the cedars of Lebanon;
- 6 He makes Lebanon skip like a calf, * and Mount Hermon like a young wild ox.
- 7 The voice of the LORD splits the flames of fire; the voice of the LORD shakes the wilderness; * the LORD shakes the wilderness of Kadesh.
- 8 The voice of the LORD makes the oak trees writhe * and strips the forests bare.
- 9 And in the temple of the LORD * all are crying, "Glory!"
- 10 The LORD sits enthroned above the flood; * the LORD sits enthroned as King for evermore.
- 11 The LORD shall give strength to his people; * the LORD shall give his people the blessing of peace.

The Celebrant says to the people

The Lord be with you.
And also with you.

Let us pray.

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

First Lesson Genesis 37:1-4, 12-28

Jacob settled in the land where his father had lived as an alien, the land of Canaan. This is the story of

the family of Jacob. Joseph, being seventeen years old, was shepherding the flock with his brothers; he was a helper to the sons of Bilhah and Zilpah, his father's wives; and Joseph brought a bad report of them to their father. Now Israel loved Joseph more than any other of his children, because he was the son of his old age; and he had made him a long robe with sleeves. But when his brothers saw that their father loved him more than all his brothers, they hated him, and could not speak peaceably to him.

Now his brothers went to pasture their father's flock near Shechem. And Israel said to Joseph, "Are not your brothers pasturing the flock at Shechem? Come, I will send you to them." He answered, "Here I am." So he said to him, "Go now, see if it is well with your brothers and with the flock; and bring word back to me." So he sent him from the valley of Hebron.

He came to Shechem, and a man found him wandering in the fields; the man asked him, "What are you seeking?" "I am seeking my brothers," he said; "tell me, please, where they are pasturing the flock." The man said, "They have gone away, for I heard them say, 'Let us go to Dothan.'" So Joseph went after his brothers, and found them at Dothan. They saw him from a distance, and before he came near to them, they conspired to kill him. They said to one another, "Here comes this dreamer. Come now, let us kill him and throw him into one of the pits; then we shall say that a wild animal has devoured him, and we shall see what will become of his dreams." But when Reuben heard it, he delivered him out of their hands, saying, "Let us not take his life." Reuben said to them, "Shed no blood; throw him into this pit here in the wilderness, but lay no hand on him" —that he might rescue him out of their hand and restore him to his father. So when Joseph came to his brothers, they stripped him of his robe, the long robe with sleeves that he wore; and they took him and threw him into a pit. The pit was empty; there was no water in it.

Then they sat down to eat; and looking up they saw a caravan of Ishmaelites coming from Gilead, with their camels carrying gum, balm, and resin, on their way to carry it down to Egypt. Then Judah said to his brothers, "What profit is it if we kill our brother and conceal his blood? Come, let us sell him to the Ishmaelites, and not lay our hands on him, for he is our brother, our own flesh." And his brothers agreed. When some Midianite traders passed by, they drew Joseph up, lifting him out of the pit, and sold him to the Ishmaelites for twenty pieces of silver. And they took Joseph to Egypt.

Hear what the Spirit is saying to the Church

Thanks be to God.

Canticle F: **A Song of Lamentation** *Lamentations*
1:12,16; 3:19,22-24,26

Is it nothing to you, all you who pass by? * Look and see if there is any sorrow like my sorrow, Which was brought upon me, * inflicted by God's fierce anger.

For these things I weep; my eyes flow with tears, * for a comforter is far from me, one to revive my courage.

Remember my affliction and my bitterness, * wormwood and gall!

The steadfast love of God never ceases, * God's mercies never end.

They are new every morning; * great is your faithfulness.

"God is my portion," says my soul, * "therefore will I hope in God."

It is good that we should wait quietly * for the coming of God's salvation.

The **second lesson** is from the Letter of Paul to the Romans **10:5-15**

Moses writes concerning the righteousness that comes from the law, that "the person who does these things will live by them." But the righteousness that comes from faith says, "Do not say in your heart, 'Who will ascend into heaven?'" (that is, to bring Christ down) "or 'Who will descend into the abyss?'" (that is, to bring Christ up from the dead). But what does it say?

"The word is near you, on your lips and in your heart" (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved." But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? And how are they to proclaim him unless they are sent? As it is written, "How beautiful are the feet of those who bring good news!" Hear what the Spirit is saying to the Church

Thanks be to God.

Canticle H: **A Song of Hosea** *Hosea* 6:1-3

Come, let us return to our God, * who has torn us and will heal us.

God has struck us and will bind up our wounds, *
after two days revive us,
On the third day restore us, * that in God's
presence we may live.
Let us humble ourselves, let us strive to know the
Lord, * whose justice dawns like morning light, its
dawning as sure as the sunrise.
God's justice will come to us like a shower, * like
spring rains that water the earth.

The Holy Gospel of our Lord according to St.
Matthew (14:22-33)

Glory to you, Lord Christ.

Jesus made the disciples get into the boat and go
on ahead to the other side, while he dismissed the
crowds. And after he had dismissed the crowds, he
went up the mountain by himself to pray. When
evening came, he was there alone, but by this time
the boat, battered by the waves, was far from the
land, for the wind was against them. And early in
the morning he came walking toward them on the
sea. But when the disciples saw him walking on
the sea, they were terrified, saying, "It is a ghost!"
And they cried out in fear. But immediately Jesus
spoke to them and said, "Take heart, it is I; do not
be afraid." Peter answered him, "Lord, if it is you,
command me to come to you on the water." He
said, "Come." So Peter got out of the boat, started
walking on the water, and came toward Jesus. But
when he noticed the strong wind, he became
frightened, and beginning to sink, he cried out,
"Lord, save me!" Jesus immediately reached out
his hand and caught him, saying to him, "You of
little faith, why did you doubt?" When they got
into the boat, the wind ceased. And those in the
boat worshiped him, saying, "Truly you are the Son
of God."

The Gospel of the Lord.

Praise to you, Lord Christ.

The Sermon

Here follows the Nicene Creed, all standing

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and
unseen.**

**We believe in one Lord, Jesus Christ, the only Son of
God, eternally begotten of the Father, God from God,
Light from Light, true God from true God, begotten,
not made, of one Being with the Father. Through him
all things were made. For us and for our salvation he
came down from heaven: by the power of the Holy
Spirit he became incarnate from the Virgin Mary, and
was made man. For our sake he was crucified under
Pontius Pilate; he suffered death and was buried. On
the third day he rose again in accordance with the
Scriptures; he ascended into heaven and is seated at
the right hand of the Father. He will come again in
glory to judge the living and the dead, and his kingdom
will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of
life, who proceeds from the Father and the Son. With
the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic
Church. We acknowledge one baptism for the
forgiveness of sins. We look for the resurrection of the
dead, and the life of the world to come. Amen.**

The Prayers of the People

We are the ark of the church, at times storm-
tossed and frightened. Let us cry out in faith for
our own needs and the needs of the world, saying:
Lord, save us.

For those churches and religious communities who
are resisting oppression and enduring persecution
in the name of goodness, love, and the good news,
let us cry out to the Lord. **Lord, save us.**

For the leaders of nations, communities, and
households who are faced with terrible choices and
whose decisions affect the lives of many, let us cry
out to the Lord. **Lord, save us.**

For those caught in addictions of mind or body,
especially those in church leadership roles, for
those who feel powerless, are true victims, and
who sink ever deeper into despair, let us cry out to
the Lord. **Lord, save us.**

For those who rely on themselves alone, for those
who struggle to trust in God's beckoning word, for
those who know fear before the actions of grace,
let us cry out to the Lord. **Lord, save us.**

For all of us who gather at this eucharistic table,
weak in faith, faltering in our response to God, let
us cry out to the Lord. **Lord, save us.**

We pray for Jennifer, let us cry out to the Lord.
Lord, save us.

(Here other intercessions may be offered.)

O true and faithful God, you are the hope of those
who cry out to you. Hear our petitions. Where
there is not faith, awaken it; where there is little
faith, enlarge it, that one day we may all come to
acknowledge Jesus as your Son and the savior of
the world. We ask this in his name, who is one
with you and the Holy Spirit, God, forever and ever.
Amen.

Walk in love, as Christ loved us and gave himself for
us, an offering and sacrifice to God. *Ephesians 5:2*

Offertory Hymn

Prayer over the gifts: Father, receive all we offer
you this day, and grant that in this eucharist we
may be enriched by the gifts of the Spirit. We ask
this in the name of Jesus Christ our Lord. **Amen.**

The Great Thanksgiving

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give him thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth

Through Jesus Christ our Lord. In fulfillment of his true promise, the Holy Spirit came down [on this day] from heaven, lighting upon the disciples, to teach them and to lead them into all truth; uniting peoples of many tongues in the confession of one faith, and giving to your Church the power to serve you as a royal priesthood, and to preach the Gospel to all nations.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The people stand or kneel.

We give thanks to you, O God,

Therefore, according to his command, O Father,

We remember his death,

We proclaim his resurrection,

We await his coming in glory;

And we offer our sacrifice of praise

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

Let the good seed of God's word bear fruit now as we offer the prayer Jesus taught us to say:

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, or ever and ever. Amen.

The Breaking of the Bread

Then may be sung or said

We break this bread to share in the body of Christ.

We, being many, are one body, for we all share in the one bread.

Facing the people, the Celebrant says the following Invitation or other suitable words.

Behold the gifts prepared by the Teacher who ate with sinners: draw near to the banquet of mercy, partake of the feast of forgiveness.

Communion of the People

After Communion, the Celebrant says

Eternal God, grant to your Church the unity and peace that we have tasted in this eucharist, the fruit of your life-giving Spirit. Let us pray.

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

Knowing that all of our community cannot share the Eucharist in person, we affirm that the true mystical communion of Christ and His Church is a bond of spirit and heart, grounded in faith.

Therefore, we commit ourselves to this deep bond of the Spirit in union with Christ our Lord. **Amen.** Christ who has nourished us with himself, the living bread, make you one in praise and love, and raise you up at the last day, and the blessing of God almighty, Father, Son and Holy Spirit, be with you are remain with your for ever. **Amen.**

Christ who has nourished us with himself, the living bread, make you one in praise and love, and raise you up at the last day, and the blessing of God almighty, Father, Son and Holy Spirit, be with you are remain with your for ever. **Amen.**

The Peace

The peace of the Lord be always with you.
And also with you.

Announcements

Anniversary/Thanksgiving Prayer

We give you thanks, O God, for your many blessings: for our days of celebration, for the love that surrounds us, for your healing presence in our lives. Keep us in your care, we pray, and help us to live as truly thankful people. **Amen.**

Closing hymn

Strengthened by the living bread that Christ has given us, go in peace to love and serve the Lord.

Thanks be to God.