



SAINT PAUL'S EPISCOPAL CHURCH

August 2, 2015 Year B 9:30 am Service
Season of Ordinary Time

Welcome to the House of God. As is the Episcopal tradition, and as a courtesy to others, please use the time before the service for quiet reflection and for preparing your heart for worship.

Musical Prelude

Preparation for Worship

(The People Stand.)

Processional Hymn 596

(Musician will play all hymns through once before The People begin singing.)

-The service begins on Page 355 of the Book of Common Prayer-

The Word of God

Opening Acclamation

The Gloria S 280

Hymnal

(Lyrics also found in Book of Common Prayer, Page 356)

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

The Collect of the Day

(*In unison*)

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Psalm 78:23-29

Judy Olson, Cantor

The Lord has rained down manna from heaven.

The Lessons

The First Lesson: Exodus 16:2-4, 9-15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger." Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not." Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'" In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat."

At the conclusion of The Lesson:

Lector The Word of the Lord. *People* Thanks be to God.

The Second Lesson: Ephesians 4:1-16

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

At the conclusion of The Lesson:

Lector The Word of the Lord. *People* Thanks be to God.

(The People Stand)

Gospel Hymn 178 (vv. 1-2 before; vv. 3-4 after)

Celebrant The Gospel of our Lord Jesus Christ according to John.

People **Glory to you Lord Christ.**

The Gospel: John 6: 24-35

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always."

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

At the conclusion of The Gospel:

Celebrant The Gospel of the Lord.
People Praise to you Lord Christ.

(The People Sit)

The Sermon

The Rev. Brian Palmer

A brief time of reflection follows the sermon.

(The People Stand)

The Nicene Creed

Book of Common Prayer, Page 358

(The People Stand or Kneel)

Prayers of the People-I

Book of Common Prayer, Page 383

The People's response is "Lord, have mercy."

...For the special needs and concerns of our congregation and extended church family:

Anne Harris Smith, Bill Baker, Anna Mae Wagner, Huntley Lewis, Alva Jahnes-Smith, The Coopers, Ann Cichowski, Stevely Anderson, The Fenns, The Golowkas, The Stimsons, Donna Ross, Dan and Sara Blair Field, Judy Olson, Connie Gannon, The Wilsons.

...For those family members, friends and neighbors whose needs are on our hearts today: (Please offer names verbally.)

...For those serving in the military: T.C. Dallmann, Jeremiah McCaslin, Kevin McCaslin

...For the recently departed: JoAnne Rueckert

...We give thanks today for: Leonard Kohout's talents in computer technology and the gift those talents have been to this church.

(The People Kneel)

The Confession & Absolution

Book of Common Prayer, Page 360

(The People Stand)

The Peace

Welcome to Visitors; Birthdays (See Page 5) and Anniversaries

Celebration prayers are found inside the back cover of the pew Prayer Book.

The Holy Communion

All who seek God and are drawn to Christ are welcome to God's table.

The Offertory

(The People Sit)

Offertory Music *His Eye is on the Sparrow* B. Dallmann/B. Carlson

Gathering of Tithes & Offerings

Offertory Response (The People Stand and Ushers come forward):

The Doxology #380-v. 3

The Great Thanksgiving

Eucharistic Prayer **C**

Book of Common Prayer, Page 369

Sanctus S 130 (Holy, holy... highest.)

Hymnal

(Lyrics also found in Book of Common Prayer, Page 371)

(The People Stand or Kneel)

The Lord's Prayer

Hymnal: Inside Cover

(Lyrics also found in Book of Common Prayer, Page 364-Form II)

The Communion of the Faithful*

** Those desiring individual healing prayers may join the Prayer Leader in the front corner of the church (near St. Paul mosaic) immediately after receiving Communion. Those wishing only a blessing may cross their arms over their chest as they arrive at the communion rail.*

Prayer for Eucharistic Ministers (if applicable)

Please refer to Prayer Book's inside back cover.

The Post-Communion Prayer

Celebrant Let us pray.

People Eternal God, heavenly Father, you have

graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen

The Blessing

Recessional Hymn 690

Today's flowers are given by
Ann Glaser

In loving memory of
Walt Glaser, born 8/03/1930.





Best Wishes to Those Celebrating August Birthdays!

Father Brian • Huntley Lewis • Sue Johnson
Jeff Rodriguez • Connie Helps

Did You Know?

There are lots of good people in this parish and in this community who can drive you to non-emergency medical appointments? Within our parish, St. Paul's Helpers can coordinate a drive with some reasonable notice. Simply call Michelle (927-3239) to determine who is coordinating the ministry that month. We are blessed to have Joni Michel, Betty Pierce, Anne Harris Smith, Betty Malone, Miyo Inouye, Esther Laver and Ann Cichowski lead this valuable ministry.

Within our town, Cambria Anonymous Neighbors can also provide a drive to non-emergency medical appointments (and a contribution is appreciated). Simply call CAN at 927-5673 to make arrangements. We are blessed to have Doug Spelts leading this community outreach.

It is worthy of note that both groups provide other services. St. Paul's Helpers also provide meals for parishioners returning home from surgery and a check-in phone ministry for people living in isolation or recovering from illness. Cambria Anonymous Neighbors also provides food distribution and loans of hospital equipment (not beds).

Today's reading from Paul's Letter to the Ephesians (4:1-16) focuses on unity in the community of faith and states that we have all received a gift from God... to equip us for the work of ministry, for building up the body of Christ. I am so thankful to those of you who minister to our community, some in multiple ways. B+

Volunteer Schedules & Where to Find Them

Volunteer schedules through October 4 published this week. If you did not receive it in your email in-box, please check your junk folder. If you do not find it there, please know that the schedules are always posted on the Parish Hall bulletin board, with limited paper copies available on the table underneath the bulletin board. Volunteer schedules can also be found at www.stpaulscambria.org

Thanks for serving!



ST. PAUL'S EPISCOPAL CHURCH

The Rev. Brian Palmer
Parish Priest

Michelle Costa
Parish Administrator

Kate Hepworth
Music Director

Thank You For Serving Today

The Rev. Brian Palmer
Celebrant

Julian Crocker
Acolyte & Chalice

Betty Malone
Reader/Intercessor

Stevley Anderson
Healing Prayers

Frank Johnson
Usher

Barbara Marks • Rhea Wong
Altar Guild

WEEKLY CALENDAR

Sunday, August 2

HE Service at 9:30 am

Monday 5-7 pm	Office Closed Adult Children of A.A. - L/C
Tuesday 10 am 10 am	Office Open* Weekly staff meeting Grief Group
Wednesday 11:30 am-1:20 pm 6 pm	Office Open* Women's AA (Closed) Bible study: weekly readings
Thursday 2:15 pm	Office Open*  Food bagging/distribution
Friday 12 pm (Apprx.)	Office Closed Facility cleaning
Saturday 9:40 am 2:30-4:20 pm	Office Closed AI Anon—L/C AA Meeting- L/C
Mon-Fri 11:45 am	Senior Nutrition Reservations: 927-1268
*Office Hrs 9 am- 3 pm 3 pm- 5 pm	Parish Admin. Public office hours By appointment only
Pastoral Care	Father Brian (310) 913.0386



Please join us in the
Parish Hall after the service
for our monthly birthday
cake, hosted by Hospitality.

ST. PAUL'S EPISCOPAL CHURCH
2700 ETON RD • CAMBRIA, CA 93428
805.927.3239
www.stpaulscambria.org
Serving Christ by Loving Others.



NEXT SUNDAY

August 9, 2015

8:00 am and 10:30 am

Readings: Wed. Aug. 5 (6 pm)

1 Kings 19:4-8 ; Ephesians 4:25-5:2

John 6:35,41-51

(All from Track II)